

Xanthelasma palpebrarum

M. M. Aarif Syed¹, Shazia Alam²

ABSTRACT

A 75 years old female presented with yellowish lesions around both the eyes. The lesions started as tiny yellow spots at inner canthus bilaterally and gradually progressed over the last two decades to involve the whole of skin around the eyes. On examination yellowish plaques, involving all the four eyelids in a circular fashion was bilaterally seen. A diagnosis of xanthelasma palpebrarum was made.

Key words: Xanthelasma, dyslipidemia, periocular

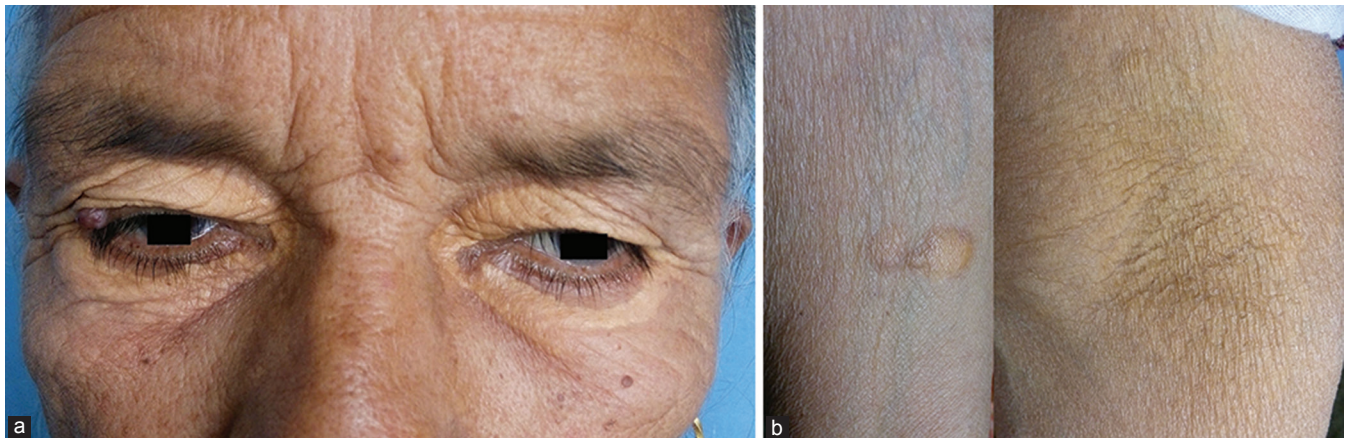


Figure 1 (a) Yellowish plaque involving the four eyelids. (b) Yellowish plaque in the right and left forearms

A 75-year-old female presented with yellowish lesions around both the eyes. The lesions started as tiny yellow spots at inner canthus bilaterally and gradually progressed over the last two decades involving whole of the skin around the eyes. The patient also showed two yellowish spots one on each forearm. On examination, yellowish plaques, involving all the four eyelids in a circular fashion, were seen bilaterally [Figure 1a]. She has been a patient of hypertension and dyslipidemia, on statins for the last 20 years. She did not want them to be excised, rather she was only worried about them being turning malignant. A diagnosis of xanthelasma palpebrarum was made, and she was counseled regarding the prognosis of the disease that the lesions do not have any chances of turning cancerous.

Xanthelasma palpebrarum can sometimes involve four eye lids as was in our case. However, it is the upper eyelid which is more common to be involved as compared to lower eyelids. Our case also had xanthelasma involving both the forearms, which are unusual sites [Figure 1b].

¹Department of Dermatology and Venereology, Institute of Medicine, Tribhuvan University, Kathmandu, Nepal;

²Dr. Agarwal's Eye Hospital, Cathedral Road, Chennai, India.

Corresponding Author

M. M. Aarif Syed, Email: syedmmaarif@gmail.com

Consent

Written informed consent was obtained for the publication of the images.

Competing Interests

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